



PRIDE PAGE

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ACCORDING TO US...



DECEMBER 7, 2017



HOLIDAY MIDDLE SCHOOL CONCERTS

The Lockwood Middle School choir concert will be held on Thursday, December 14, at 1:30 in Sturdevant Gym.

The Lockwood Middle School band concert will be held on Friday, December 15, at 1:30 in Sturdevant Gym.



OCTOBER STUDENTS' OF THE MONTH

The October Students' of the Month are: **Isaiah Bo-vington, Brooklyn Brandel, Baeyl Browning, Cath-ryn Bruce, Emalee Dague, Kierra Johnson, Gracie Leishman, Brayden Lennan, Gino Linday, Izayah Lopez-Widdicombe, Danielle McDowell, Emma Painter Ashley Sherrod.** Students are selected by the staff for exemplifying our PRIDE acronym.

- Positive Attitude**
- Respect for Self and Others**
- Involved in Learning**
- Determined to Succeed**
- Empathy for Others**



Ethan Oliszcak was **Octobers Heights Exchange Student of the Month**

PRIDE PERFORMERS

The Pride Performers will be out all day Thursday, De-cember 21, performing in a "Tour of Assisted Living Homes". Way to enjoy the holidays!



AINSLEY EARHARDT
By: **Delecia Forshee**

Ainsley Earhardt is well known as the co-host of "Fox & Friends" today, but before that there was a long his-tory. Ainsley went to FSU (Florida State University) on a leadership and academic scholarship, with biology as a major. She graduated from FSU in 2000. Shortly after she graduated, she joined the local CBS station in Co-lumbia, South Carolina until 2004. Ainsley was named the Best Personality of the Year in "Columbia Metro-politan Magazine". In 2005 Ainsley moved to San An-tonio, Texas to join KENS-TV and anchored the week-day newscast of "EyeWitness News This Morning" and "EyeWitness News at Noon." She stayed with that for two years. In 2007 she moved to New York City and was hired by "Fox News Channel". In the show "Han-nity" she has her own segment called "Ainsley Across America. In addition to being a news anchor, she's an author. She has authored a children's bestseller "Take Heart, My Child a Mother's Dream". The book mainly telling kids to follow there dreams .

Sites : www.thefamouspeople.com



HANNAH STORM

By: Colter Watts

Hannah Storm was born on June 13, 1962 in Oak Park IL. She is a sports writer for ESPN. She is an award winning journalist, producer, and director. She is a co-host of an edition of Sportscenter on weekdays and is the host on Sunday morning for NFL. She hosted and was a executive producer of ESPN's Primetime Interview special. She hosts events all around the world. She covered all kinds of sports like the U.S. Open, the New York Marathon and a veterans day special programing. She interviewed a lot of football players, Michael Phelps, as well as basketball players Michael Jordan and Lebron James. In 2012 she co-hosted ABC's "Walk the Wire". It is a story about daredevil Nik Wallenda, and it was a walk over the Niagara Falls. She has done pieces with Shark Tank stars Robert Herjavec and Kevin O'Leary. Prior to joining ESPN she worked for CBS for the Early Show. She worked there from 2002 until 2007. She has two foundations that help people. She made a foundation that helps kids that have vascular birthmarks. Hannah made that because she had experience with it when she was born. It helps kids in China, the Republic of Georgia, and the U.S.. The Brainstormin is a production company that helps clients with one on one relationships. She won the 2013 Gracie Award. The Gracie Award is an award that is given to women in the media foundation.

<http://brainstorminproductions.com/>
<https://hannahstormfoundation.org/>
<http://hannahstorm.com/>

LION'S WANTED



The yearbook is looking for lion drawings to fill extra space on classroom pages of the yearbook. They need to be original, on printer paper (unlined) and may be in pencil or in color. They need to be sent to Mrs. Lagge in room 646 in the middle school by December 22. Students are welcome to sign their artwork and put their grade on it as well.

Thanks for your help!

Mrs. Ryan, Mrs. Lagge, and the Journalism kids!



DIANE SAWYER

By: Daniella McDowell

Diane Sawyer was born on December 22,1945. In her early years she always had something to do. She sang in the local choir, was on the debate team, and worked as an editor for the school newspaper. She did so much that her classmates voted her most likely to succeed. She became the 1963 Junior Miss America. Following in her sister's footsteps, she attended Seneca High School and then attend Wellesley College from 1963-1967. Being the editor of the school newspaper made her want to be a reporter. When she went to the local TV station her Junior Miss crown gave her luck. The local TV station knew all about her and hired her on as the weather girl, one of the only positions available to women industry at the time. After work Diane would stay late at the station to learn how to work the camera. Sawyer was always trying to get more air time. Her efforts paid off, and she was the first women to be a 60 Minute correspondent. Finally, she was an American Journalist anchor for ABC World New.

CARL BERNSTEIN By: Kinzy Ruff



Carl Bernstein is an Investigative Reporter. The story that made him famous was the Watergate story. That was the story that lead to President Nixon's resignation. Carl started working part-time for "The Washington Post" in the early 1966 when he was 16 and then started working for "The Washington Post" full-time in the 1970's. Carl Bernstein specialized in police, court and city hall assignments, with occasional self-assigned feature stories. Carl is an author of 5 best selling books. Carl is married to a Model, Christine Kuehbeck and they also have two kids Jacob Bernstein and Max Bernstein.

Sites:

www.carlbernstein.com/about.php

www.biography.com/people/carl-bernstein-102815

6TH GRADE BOY'S BASKETBALL

12/12	Lockwood vs St. Francis	@ Lockwood	4:00 p.m.
12/14	Lockwood vs Independent	@ Independent	4:15 p.m.
1/4	Lockwood vs Trinity	@ Trinity	4:00 p.m.
1/9	Lockwood vs Independent	@ Lockwood	4:15 p.m.
1/18	Lockwood vs Trinity	@ Lockwood	4:00 p.m.



7TH AND 8TH GIRLS BASKETBALL

12/9	All Class Jamboree	@ Laurel	Time/TBA
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HUNTER S. THOMPSON
By: Azysha Davis

Hunter Stockton Thompson was born July 18, 1937, in Louisville Kentucky. At a young age Hunter began to show interest in journalism. In Thompson's high school years, he was arrested several times, and was finally forced into joining the army or go to prison after being found guilty for robbery. Thompson started his writing career while in the army, and once he was discharged, he released his first and most popular book, "Fear and Loathing in Las Vegas", followed by "Fear and Loathing on The Campaign Trail" a year later. Not long after the famous releases, Thompson had become a famous Author, Journalist, and Activist. His net was worth \$5 million. Hunter explored the areas of both fictional, and nonfictional books and articles, and was the founder of the Gonzo Journalism movement.

Hunter married his first wife, Sondi Wright, in the spring of 1963. A year later, they had their first and only son, Juan Fitzgerald Thompson, on March 23, 1964. The reasons are unknown as to why Sondi and Hunter divorced, but he remarried in spring of 2003 to Anita Beymunk.

At age 67, Thompson was under the influence of drugs, which pushed him to commit suicide in his Colorado home on February 20th, 2005.



CHRISTOPHER HITCHENS
By: Charlie Desmarais

"The essence of the independent mind lies in not what it thinks, but in how it thinks". This one of Christopher Hitchens quotes. He was born on April 13, 1949 to Yvonne Jean and Eric Ernest Hitchens. He grew up in Portsmouth, United Kingdom with his brother Patrick. His father was a Navy man and his mom stayed at home. They both were very lonely, and they could not divorce. After he and his brother were grown their parents went to Athens, Greece to commit suicide. When he was getting into writing he met his first wife, Eleni Meleagrou. First they had Alexander, his only son, and then they had Sophia. Since his life was not great in the UK, they moved to the United States. That is when he started working with news sources such as Washington Post and New York Times. This is where he also started as a journalist and a author. He was also big in politics and religion. He first started to get well-know when he made the book God is not Great. This book described united religions as man made, murderous, and originating in hatred. This landed him on many talk shows. After this he was losing the public's eye, so he claimed to be a democratic socialist. He divorced his wife in 1989. Two years later he got remarried and had another daughter. He was still a writer until he got cancer in 2006 and died. He is a renowned writer and journalist.

MEET THE JOURNALISTS



Meet: Kinzy

Q: Favorite winter activity?

A: Sledding

Q: Coolest place to travel?

A: Denver

Q: Fun Fact!

A: I'm ALWAYS playing softball.



Meet: Kiaya

Q: Favorite Class?

A: Language arts

Q: Favorite food?

A: Dragon Fruit

Q: Fun Fact!

A: I love abstract art!



Meet: Tone

Q: Favorite App?

A: Youtube

Q: Favorite food?

A: Steak

Q: Fun Fact!

A: I collect shoes.



Meet: Phillip

Q: Favorite winter activity?

A: Sledding

Q: Coolest place to travel?

A: Oregon

Q: Fun Fact!

A: I love ranching in MT.



Meet: Leticia

Q: Coolest place to travel?

A: Seattle

Q: Favorite class?

A: Math

Q: Fun Fact!

A: I used to live in the Heights.



Meet: Colter

Q: Favorite App?

A: Youtube

Q: Favorite food?

A: BK Baconator

Q: Fun Fact!

A: I have 2 cats and 1 dog.



Editor's note: The author of this piece wishes you remain anonymous, but if you would like to talk, please contact Mrs. Wilder. She can put you in touch with the author.

IT'S NOT TOO LATE, IT'S NEVER TOO LATE

Anonymous

I talked about how mental illnesses affect teens world wide but now I want to talk about how it affects me. I was diagnosed with severe depression, social anxiety, and general anxiety. Imagine falling into a really deep hole and having a continuous rain storm of heavy weights drenching you in agony, that is exactly what depression feels like for me. This is my never ending story.

I've been combatting depression for the past couple of years. Depression is like a nonstop battle I am forced to fight in every day. The commencement of my depression was in 6th grade. Of course middle school is where it all began. As a 6th grader I was very defiant, I didn't listen to a word I was told and I disrespected pretty much everyone. This frustrated my parents which lead to a bad relationship between us. I honestly believed that my parents hated me which captivated my depression even more. My bad behaviors included drinking, this was also a way of coping. I never showed I was depressed and I never told anyone, I put on a mask at school just so when I got home I could break down. I cried myself to sleep every night for who knows how long. Of course no one ever knew, it was all a big game. My bad behaviors lead to people bullying and dreading being around me. The worst part was I wasn't getting the therapy that I so desperately needed and I wasn't being medicated. On top of that I had no one I could talk to or felt comfortable talking to.

7th grade was a whole new chapter of the wretched story I was creating. Yes in 6th grade I was depressed, the thing was I never showed it and not once did I think about self harm or suicide. That soon changed starting in 7th grade, Drinking became a much bigger problem in my life and soon enough I got caught. I dealt with many law enforced punishments including: community service, MIP classes, and paying a fine. I began to talk to a therapist about drinking but I still wasn't talking about my depression. I kicked off 2017 by losing all my friends, I guess they cared more about drugs than they ever did about me. By this point my relationship with my parents was almost non existent, we never talked unless it was to fight and I basically lived in my room. I was overcome with anxiety to the point where I would cry everyday because I had to attend school, mostly because I dreaded everyone I went to school with. I had no friends and I had to go home to a very similar environment. It really sucked having your only friend be your school counselor (no offense to Mrs. Wilder you are awesome!!) Everything I was dealing with was way too much for me to carry and by the end of January It all fell apart on top of me which shattered me in the impact. I soon started self harming and ended up in the psych ward. I spent about a week in the psych ward where I was diagnosed with severe depression and put on antidepressants. Before I was discharged from the psych ward a week later, they informed me that I would attend YPHP which stands for "Youth Partial Hospital Plan". I went to yphp for 6 weeks instead of going to lockwood which was a huge break. During the 6 weeks that I was at yphp I was self harming more and more, cutting was way more addicting than alcohol ever was for me. I hated myself so much that cutting was like a punishment towards me which was weirdly therapeutic. Though cutting was my "go to" I harmed myself in other ways such as burning(I would take a lighter and purposely burn myself), pulling out my hair, smoking and even things like saying awful things to myself. Suicide and suicidal thoughts became apart of my daily routine and it was all I basically thought about, I don't know a day I didn't have suicide engraved in my brain.

I learned many coping skills at yphp that I am still figuring out how to use. I couldn't be more grateful for yphp because it was there that I learned how much I loved to write. Writing is a huge coping skill that I use everyday. After I got discharged from yphp I was ready to go back to lockwood, so they thought. I lasted not even two weeks back at lockwood before I went back to the psych ward. This time I tried to commit suicide; I overdosed. I was in the ER all night puking up blood, having extremely fuzzy vision, being super dizzy to the point where I couldn't walk, and shaking uncontrollably. I was almost certain it was over for me but I guess I lived for a reason. Not because the pills just didn't work but because I'm meant to stay on this earth, I have a purpose. I started back at lockwood and began to go to school for only half a day. This being said I had anxiety attacks almost everyday, going to school felt like going to prison; a place where I wasn't accepted but was forced to attend. I talked to my therapist about my depression and anxiety and she helped me through my worst, she's still helping me through it. I'm thankful I got and am still getting the help I need.

Throughout my depression I learned that music is basically my life saver. Music is so important to me and it's all because of my depression. Music is also where my writing comes in because I love to write. Many bands have touched my heart with their songs including: My Chemical Romance, Three Days Grace, Linkin Park, Sixx A.M, Nothing More, P.O.D, Shinedown, and many more. They are also my inspirations for writing and music. I have to thank the psych ward, my therapist, Mrs. Wilder and many of my teachers because I don't know if I would be here without them.

Nothing is worth hurting yourself over. How I like to think of things is everything happens for a reason, for example: I couldn't be more thankful for my depression, Though it sucks and is very hard on me, it made me who I am and I learned so much about myself and the world. Sometimes you have to go through the worst to become the best you. Even though your brain might tell you "your life sucks" you really just got to open up your eyes and see that life is beautiful. Because of my depression I have major trust issues, I can't even talk about self harm without crying, I have memories I can't erase, and I have scars I have to live with the rest of my life. Not to mention I get bullied all the time because of it. That doesn't stop me from living my life and telling you about my struggles. I truly thought I wouldn't live to experience the rest of my teen and adult life but it's not too late to stay strong, it's never too late. I survived depression, you can too.

Side note if you are reading this I really encourage you to listen to "Life Is Beautiful" by Sixx A.M. it's an incredible song and has a very beautiful and powerful message. If you get a chance to listen to any of the bands I listed in my story please do I like them for a reason. Not just because the music is awesome it's because the story behind the song and lyrics is empowering to me and could be to you.



JOHANNES HAHLE

By: Elora Yanzick

Johannes Hahle was a German war photojournalist during World War 2. He was born on February 15, 1906 in Chemnitz, Germany. Hahle joined the Nazi party in 1932 and was drafted into the German military in 1940. In the military Johannes participated in the Babi Yar Massacre, and the La Bijude, France invasion where he died. The circumstances of his death were unclear. One of the things Johannes Hahle is most famous for are the pictures he took of the Babi Yar Massacre. The Babi Yar massacre was an event that went on right outside of Kiev, Ukraine on September, 29. More than 30,000 Jews were marched by German and Soviet soldiers to the Babi Yar Ravine and ordered to take their clothes off. After that they were machine gunned back into the ravine. The German officers did not stop until September 30. Both the dead and wounded were covered over with dirt and rocks. Johannes Hahle, like most famous people, did not become famous until after his death, most likely because when Hahle took the pictures he did not turn them into his superiors. He kept them as personal reminders. After Johannes Hahle died the pictures were recovered and spread around the world.