



LOCKWOOD SCHOOLS NEWSLETTER



FEBRUARY 1, 2018

Middle School 259-0154 (press 3)

Intermediate 248-3239 (press 2)

Primary 252-2776 (press 1)

UPCOMING EVENTS

- February 5** **6:00 p.m.**
PTA Meeting
Lockwood Board Room
- February 13** **6:00 p.m.**
School Board Meeting
Lockwood Board Room
- February 13** **2:00 p.m.**
Tot Time-Family Resource Center
- February 19** **No School**
Grades Pre K-8 President's Day
- February 22** **7:00 p.m.**
Lockwood Steering Committee Meeting-Lockwood Board Room



TOT TIME FOR 3-5 YEAR OLDS

You and your adult family member are invited to the Family Resource Center for **TOT TIME!** Plan on joining us **February 13** for a good time as we cut and paste our way through a fun story and activity.

TIME: 2:00 P.M.

**EARLY OUT IS
EVERY WEDNESDAY
AT 2:00 P.M.**

**NO SCHOOL
MONDAY, FEBRUARY 19
PRESIDENT'S DAY**

www.lockwoodschool.org



“LOVE AND LOGIC” PARENTING CLASS

Love and Logic parenting classes will start Thursday, February 8. This six week evening class offers lots of valuable information on parenting with Love and Logic. Classes are held in the Family Resource Center and start at 6:00 p.m. Free childcare is available. Call 867-6213 for more information and to sign up. Don't miss this great opportunity.



LOCKWOOD ELEMENTARY SCIENCE FAIR

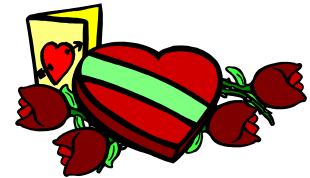
Thursday, February 15, 2018
Public Viewing 6:00-7:00 p.m.
Voting Gym



THANK YOU!! Casey's Corner

Lockwood School appreciates your continued support with your \$500 donation. This marks the 9th year in a row that you have provided the district with monetary support.

Again, thank you.
Lockwood School District



NEWSLETTER DATES FOR FEB-MAY 2018

- Thursday, February 15
- Thursday, March 1
- Thursday, March 15
- Thursday, March 29
- Thursday, April 12
- Thursday, April 26
- Thursday, May 10
- Thursday, May 24

Items for the newsletter can be emailed to Tina Muller at mullert@lockwoodschool.org



CASA VOLUNTEERS WANTED

The success of our future depends on the wellbeing of our children, but in Montana they are among the most vulnerable in our communities. Statewide the number of children entering foster care due to abuse or neglect in recent years has skyrocketed. In Yellowstone County the number of children removed from their home has increased drastically from 182 in 2014 to nearly 600 in 2017 resulting in approximately 1,000 children currently in foster care. Despite the enormity of these statistics our children are more than numbers, and each one deserves a voice. You could be that voice by becoming a volunteer Court Appointed Special Advocate with CASA of Yellowstone County. Our next New Advocate training begins in March. Give us a call at 259-1233 or visit our website at yellowstonecasa.org to learn more about our upcoming information sessions and how you can make a difference in the life of an abused or neglected child.



SPRING PICTURES

Spring casual and class pictures will be taken on Thursday, March 1. Pictures of your child's class are pre-ordered and have to be purchased the day the pictures are taken. Individual pictures are taken of each child unless a parent sends a note requesting the child's picture not be taken. These pictures are sent home to be previewed at which time you can purchase them.

Needed

The health and fitness room needs some serious updating. Anyone interested in donating slightly used exercise equipment for this room please contact Mr. Hankins at 248-3239 ext.550. Thanks for taking an interest in our students' health.



BOYS AND GIRLS CLUB LOCKWOOD CLUBHOUSE 2017-2018 CALENDAR Open Regular School Days Monday-Friday 2:00-6:30 p.m. unless otherwise noted

FEBRUARY

19 No School-Club Opens 7:30 a.m.-6:00 p.m.*

MARCH

15 & 16 Club Closed-Staff Training
30 No School-Club Open 7:30 a.m.-6:00 p.m.*

APRIL

2 No School-Club Open 7:30 a.m.-6:00 p.m.*
9 Current Member 2018 Summer Registration
16 New Member 2018 Summer Registration

MAY

25 Last Day of School Year Program
* Members need to pack a lunch on Club full days.
On early out Wednesday the club opens at 2:00.

LOCKWOOD COMMUNITY MEETINGS



Lockwood Community Steering Committee meets the 4th Thursday of each month at 7:00 p.m. or as set during holidays in the Lockwood School Board Room. This month the meeting will be held on February 22. The public is invited and encouraged to attend these meetings. Contact Bob Riehl, chair at [406-860-0272](tel:406-860-0272) for additional information.



PINEWOOD DERBY CARS

Come join the fun at ZOE Ranger program at Zoe Bible Church. Beginning February 7, 1st-6th grade will begin making pinewood derby cars every Wednesday night at the church at 7:00 p.m. It runs for about 8 weeks and then they get to race their car on a Sunday morning. It's a lot of fun for the kids! Parents can drop their kids off at the church located at 3247 Driftwood Ln where the kids will be safe and have fun. Call 406-256-6208 for more information.



Need a Tutor?

Do you need help with reading
or maybe having trouble with math?

Call me, I am a certified teacher.

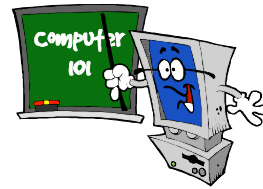
Available after school at Lockwood Schools.

For more information call 406 690-3991.



LIBRARY NEWS

Want to help your child become a better reader, have them read for enjoyment, or get recommendations for great books? Parents are encouraged to visit their child's library before school Monday through Friday 7:30-8:00 a.m. and after school Monday, Tuesday, or Thursday 3:00-3:30 p.m..



THE LOCKWOOD SCHOOL WEBSITE IS DEVICE FRIENDLY

The Lockwood School website at www.lockwood-school.org is mobile and tablet friendly. The site adjusts to the screen size of the device that is being used and phone numbers are functional so the user can call a number directly from the phone. Links to Lockwood's several social media accounts, such as the school and PTA Facebook pages, as well as the various school Twitter and Instagram accounts, are now available in the top navigation bar of all main areas of the site.

Drop-down navigation menus are available at the top of each main sector of the site. The quick links menu includes links to the school board, administration, family resource center, elementary and middle schools, food services and health services and other subdivisions of the site. Under the general interest dropdown visitors will find links to supply lists, lunch schedules, school board minutes, contact information, handbooks and much more. Other dropdown menus include the parent center, student center and staff center.

The welcome page has direct links to the monthly calendars and schedules for athletic events. Upcoming events at the school are posted one to two weeks before they occur and are updated almost daily. A direct link to the school newsletters, which include a school wide edition and an edition specific to the middle school, is located at the top right of the page. Newsletters are posted every two weeks.

You are invited to explore the Lockwood School website to see the many other options that are available. Contact the webmaster at grantd@lockwoodschool.org if you have questions or suggestions.



**Like Lockwood Schools on facebook.
This is a great way to keep up with all the
latest and most up-to-date information.**



LOCKWOOD PTA
"NEWS FROM THE DEN"
"Like Us" on Facebook!!

LOCKWOOD DAY AT THE REEF!!! Monday, February 19, from 12-7 p.m. \$15/person, spectators FREE! Join a bunch of your Lockwood friends at the Reef to celebrate a day off from school (and President's Day too, of course)!! Please see our flyer in the newsletter for more info!!!

READATHON: Get ready to READ, READ, READ!!! The week of February 15 we will be sending home information on our K-5 readathon. There will be MANY awesome prizes up for grabs for spending quality time reading with your family at home. More to come on this. Officially it will start during "I Love to Read Month" and will go into March's "Read Aloud" Month! Did you know that reading (or being read to for the youngers) just 15 minutes a day directly correlates with success rates in school? Come On Lockwood, "Get your READ on!!"

PTA BOARD POSITIONS UP FOR GRABS! There are three board positions posted that will be voted on at the April general PTA meeting. Don't miss out on this GREAT opportunity of making great friends while serving the kiddos, school, and community of our beloved Lockwood. If you are interested in any of these positions, please contact Lacey at LaceyLHort@gmail.com. "BE THE CHANGE YOU WISH TO SEE IN THE WORLD!! ~Gandhi

NEXT PTA GATHERING: Monday, February 5, Administration Board Room at 6:00 p.m. Bring your ideas and volunteer hearts!!

Lockwood LOVES Learning

Craft Fair!

Saturday
 February 3rd, 2018
 10am-3pm

*Books				Food
*Toys				Handmade Goods
*Clothing				Local Vendors
*Candles				Skincare
*Crafts				Woodworking

Eileen Johnson Middle School

*Lockwood Adult Education*Local Businesses*



LOCKWOOD ALUMNI NEWS

On Saturday, January 20, Lockwood alumni Julian Rollins made his orchestral debut with the Billings Symphony as a substitute bassoonist! This is a rare occasion as usually student wind players do not reach the level necessary to play in the orchestra. Julian did himself proud! He and his mother, Dr. Julie Johnson, who plays violin in the orchestra, were very happy with Julian's performance! Julian studies bassoon with Susan Wadsworth.



Fundraiser!

Lockwood Schools -and- THE REEF

are partnering to invite all
students,
friends and family to join us

**Monday February 19th 2018
From 12:00 pm – 7:00 pm**

for a day of tropical twisting and
turning, wacky and wet, water
sprayin' good time!

Cost: \$15.00/Swimmer
Spectators: Free



***Please bring your own towels and say
you are here with Lockwood Schools!***



INDOOR WATER PARK

THE REEF

Indoor Water Park

1801 Majestic Ln.

Billings, MT 59102

406-839-WAVE (9283)

ADULT EDUCATION CLASSES!

406-867-6225 to get more information or to sign up

Checkout the official Adult Education website. You may register for classes as well as learn about upcoming events. <https://sites.google.com/a/lockwoodschool.org/adulteducation/> It is hosted on the Lockwood website under "Quick Links".

ZUMBA

Zumba is an aerobic activity that combines Latin and international music with dance moves. The routines incorporate interval and resistance training. New students are always welcome!

Instructor: Nikki Schaubel

Class Days/ Times:

Tuesday and Thursday, 6-7 p.m.

Place: Middle School Gym

Fee: \$1.50 a session or \$15.00 for a punch card



BELLYDANCING

Bellydancing has its beginnings in India and the Mid-East. Now is your chance to learn the basics right here Lockwood. All you'll need to bring is a smile and a willingness to have a great time! Bellydance is a popular way to stay fit mentally and physically. Come challenge yourself in a fun and safe environment!

Instructor: Bek Schatzhe

Class Day/Time:

Friday from 6-7 p.m.

Place: Intermediate, Voting Gym

Fee: \$1.50 a session or \$15.00 for a punch card



HIGH INTENSITY WORKOUT

This Tabata inspired class will get your heart rate going! Participants will rotate every three minutes through nine stations for a 30 min workout. Get your workout done in half the time! Bring your own mat and weights (optional). Classes start every 45 minutes

Instructor: Kelsiann Helsley

Class Days/Times:

Monday and Wednesday 3:45 p.m. or 4:30 p.m. or 5:15 p.m.

Place: Primary Gym

Fee: \$10/month



**PLEASE SAVE
FOR PTA**



**TYSON PRODUCT
LABELS WANTED**

The Lockwood PTA is collecting labels off of Tyson Chicken products. Please send any labels to your school office. They can go in the container with the Box Tops. Thank you for supporting Lockwood PTA.

Everyone is asked to save **Box Tops for Education** box tops and labels. These can be found on the following products: Betty Crocker, General Mills, Pillsbury, Old El Paso, Totino's Pizza, Progresso soup, Yoplait, Green Giant frozen foods and Campbell's soup labels. Please drop them off at the school offices. The money comes directly to our PTA.

LOCKWOOD SCHOOLS 3RD, 4TH, AND 5TH CO-ED BASKETBALL

League Registration: January 8-February 9, 2018.

Fee: \$30 (includes reversible jersey and basketball)

Coaches Meeting: (ALL INTERESTED COACHES): March 1, 2018 in Intermediate Library at 6:00 p.m.

Opening Day is March 3, 2018! Season will run on Saturdays only (March 3, 17, 24, 31). This is the Saturday schedule. Each week, everyone will meet in the Sturdevant Gym to warm up/skills practice at their scheduled time. Teams will be given gym assignments. All teams will meet back in the Sturdevant Gym 10 minutes prior to dismissal to announce award winners of the day!

3rd grade-8-9:30 a.m.

4th grade-10-11:30 a.m.

5th grade-12-1:30 p.m.

Please keep for your records!

ACKNOWLEDGEMENT, WAIVER AND RELEASE OF LIABILITY:

I hereby confirm _____ is in good health and able to participate in the activity. I acknowledge the activity may involve risk and danger of bodily injury or death. I fully accept and acknowledge the activities may involve risk, and I hereby assume the risk and responsibility for all dangers and risks associated with the participant in the activity. I acknowledge that the possibility of injury still exists and we further release and waive and agree to indemnify, hold harmless or reimburse Lockwood School, its employees, volunteers and program sponsors from and against any claim with the above named youth shall not be responsible or liable in any regard or manner for any and all property damage or bodily injury (including serious physical injury or even death) incurred by participant or any party related thereto as a result of his/her participation in the activity.

I have read, fully understand, and hereby freely sign, approve of, and agree to the terms of this registration form. I hereby unconditionally release, discharge, covenant not to sue, waive my rights and remedies, and agree to hold harmless the activity representatives from any and all claims, costs, demands, losses, damages, or expenses associated with, in whole or in part, participant's involvement with the activity. I certify all answers and information provided on this registration form are to the best of my knowledge true and correct throughout the activity.

I shall inform the recreation council in writing if any information provided in this registration form is incorrect or changes through the course of the activity. In case of injury or emergency, I for myself and/or participant (if participant is minor/child), and my personal representatives, heirs and assigns, (severally and collectively "I" for this registration form) give permission for an activity representative to call 911 and transport participant to a hospital. I shall inform Lockwood School in writing, of any medical or health conditions of participant that occurs or develops and which could affect participant's safety, performance or participation in or throughout the activity.

Signature of parent/guardian: _____ Date: _____ Please complete and return to the Intermediate Office with \$30 Registration Fee before February 9th, 2018. Opening Day-March 3rd!

**Lockwood Intermediate School Basketball Program
Registration Form**

Must be completed by parent or guardian.

Participant's Name: _____ Date of Birth: ____/____/____

Male: ____ Female: ____ Grade: _____

Jersey Size _____ (Youth Size: M, L or Adult size: AS, AM, AL, AXL)

Parent / Guardian name #1 _____

Parent / Guardian name #2 _____

Street Address: _____

Phone: _____

Yes, I am interested in volunteering :Name _____

phone _____

Emergency/Health Issues:

In case of emergency, please notify:

Name: _____ Relationship: _____

Phone _____

Name: _____ Relationship: _____

Phone _____

Physician's Name: _____ Physician's Phone: _____

Hospital Preference _____

Any medical, psychological, or behavioral conditions we should be aware of (bee stings, food allergies, etc.)?

1. Are there any medical or health factors or limitations that might affect participant's performance in the activity?

Yes ___ No ___

2. Is participant taking any medications or have a condition that may affect participant's safety or performance in the activity?

Yes ___ No ___

3. Is participant required any special accommodations (due to disability) to participate in the activity?

Yes ___ No ___ If yes, please explain:

TRAUMA INFORMED PRACTICE

One of the questions I get on a regular basis is: “What do teachers do during PIR time?” The answer to this question varies greatly depending on the specific day. Professional Development time is used for curriculum development, teacher collaboration, training on technology tools, record keeping and a variety of other activities that positively impact your child’s educational experience. I can assure you our teachers work just as hard during the times that they are not directly in contact with students and this time directly benefits their classroom practice.

On the Martin Luther King holiday this year we had the opportunity to begin a relationship with an expert, Jim Sporleder, who addressed a very appropriate topic for that specific PIR day. Mr. Spoleder is the Principal of Lincoln High School in Walla Walla, WA; his school was the focus of the critically acclaimed documentary “Paper Tigers”. If you haven’t had the opportunity to see this documentary yet, I would highly encourage you to take the time to do so. It gives great insight into some of the issues many of today’s students and schools deal with on a day-to-day basis.

In the morning, Jim spoke to our staff and guests from neighboring school districts, about his experience and growth over his career moving his own practice towards what is now referred to as “Trauma Informed Schools”. The key research behind this practice is the Adverse Childhood Experiences, or ACE’s Study. This study was a medical study in the 1990s done jointly by Kaiser Permanente and the Center for Disease Control and Prevention. Researchers identified a list of ten childhood traumas, ranging from parental divorce to abuse and/or neglect, which had a profound impact on the overall health of an individual well into adulthood. These results have been linked to how the body, including the brain, responds to the stress associated with these experiences during our formative years. In short, how the “fight, flight or fright (freeze)” mechanism we learned about in Biology 101 has on our developing bodies and brains over time.

The afternoon of this PIR day was spent with PK-5 staff and MS staff meeting in their buildings with Jim and his daughter Jodi Grove, who is a Trauma Coach in an elementary school also in Walla Walla. From a school’s perspective, we need to understand students with high ACE counts bring a lot of stress to school and may act out more often due to their brain development and other underlying issues outside of their control they may be dealing with. One quote from “Paper Tigers” that has stayed with me is, “According to research about childhood trauma, all of the risk factors for adverse experiences can be offset by one thing: the presence of a stable, caring adult in a child’s life.” Hopefully this is good news for these students.

As a school our focus needs to be on building relationships and trust with these students. We need to work with them to teach them how to regulate their own behavior, help them learn to de-escalate, and make sure our discipline procedures focus on teaching the right behaviors rather than simply punishing the wrong. The great thing about the Trauma Informed approach is that all students can and will benefit from these practices, is there anything in the previous two sentences that you wouldn’t want for your child or grandchild? Here at Lockwood Schools we are making the commitment to have a positive impact on the social-emotional learning of all children, knowing that this will help accelerate their academic growth as well.

In other district news, the first semester ended last Friday, marking the halfway point in our academic year. You should receive your child’s report cards very soon. We are also immersed in the planning of the potential high school project in order to bring our voters a fully fleshed out bond proposal in May. We want input from all stakeholders, both pro and con. Please try to attend the upcoming informational meetings on February 7th, 21st and 28th; all of these meetings will be in the Board Room from 6:00 to 9:00 PM. If you can’t attend please feel free to contact me directly at 252-6022 x.4 or at novasiot@lockwoodschool.org. Go Lions!



The Great Kindness Challenge is Coming!

February 12-16, 2018

The Great Kindness Challenge is one week dedicated to performing as many acts of kindness as possible at school. Teachers will hand out a checklist of kind acts, students accept the challenge and show how much kindness matters! The week will coincide with "I Love to Read Week!" as well. Lots of exciting and fun things will be happening during that week. Keep an eye out for details!

Spirit Days will include:

Monday: We are crazy for kindness and reading! Wear crazy hair!

Tuesday: Roundup kindness and a good book! Wear western attire.

Wednesday: Show your love for reading and kindness! Wear red.

Thursday: Team up with reading and kindness! Wear your favorite sports jersey or team apparel.

Friday: Lockwood Lions are kind readers! Wear Lockwood school colors or gear!